SLEEP- FOUNDATION OF HEALTH

SLEEPFLIX

WE ARE BRINGING TO YOU THE LATEST ADVENTURE
FILLED SERIES "SLEEPFLIX" TO HIGHLIGHT MOST
INTERESTING DEVELOPMENTS IN SLEEP

NEW SEASON EVERY QUARTER

Speaker



Dr. Tripat Deep Singh
Director, Academy of Sleep Wake Science
Chief Medical Officer REM42
MBBS, MD (Physiology), RPSGT, RST, CCSH
International Sleep Specialist
(World Sleep Federation Program)

Season 1

Episode 1: 29 April 2022: Sleep is the foundation of Health

Episode 2: 27 May 2022: Defining and Measuring Sleep Health– Latest Perspectives

Episode 3: 24 June 2022: Consumer Sleep Technologies – What to look for?

Timings: 6:30-7:30pm India time

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SEASON 1 FEE: RS. 1750

ANNUAL SUBSCRIPTION:
RS. 3750(INCLUDES FEE FOR 4
SEASONS)

ACADEMY OF SLEEP WAKE SCIENCE

Upcoming Season 2

Episode 1: 29 July 2022– Learnings from recent trends in Sleep duration

Episode 2: 26 Aug 2022– Artificial Intelligence and Sleep Medicine

Episode 3: 30 Sep 2022- Functions of Sleep

SEASON 2 FEE: RS. 1750

SUBSCRIPTION FOR SEASON 2 OPENS 1 JULY 2022

ANNUAL SUBSCRIPTION:

RS. 3750(INCLUDES FEE FOR 4 SEASONS)

PAYMENT DETAILS-

BANK NAME: ICICI BANK

A/C NAME: ACADEMY OF SLEEP WAKE SCIENCE

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RTGS/NEFT IFS CODE (LOCAL CLEARING CODE): ICICO000790

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