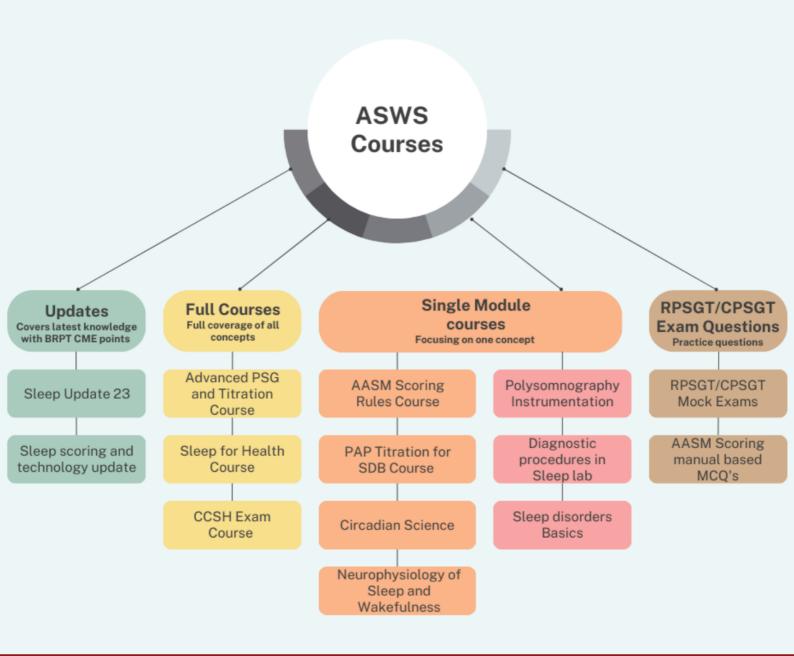
Academy of Sleep Wake Science (ASWS) Courses



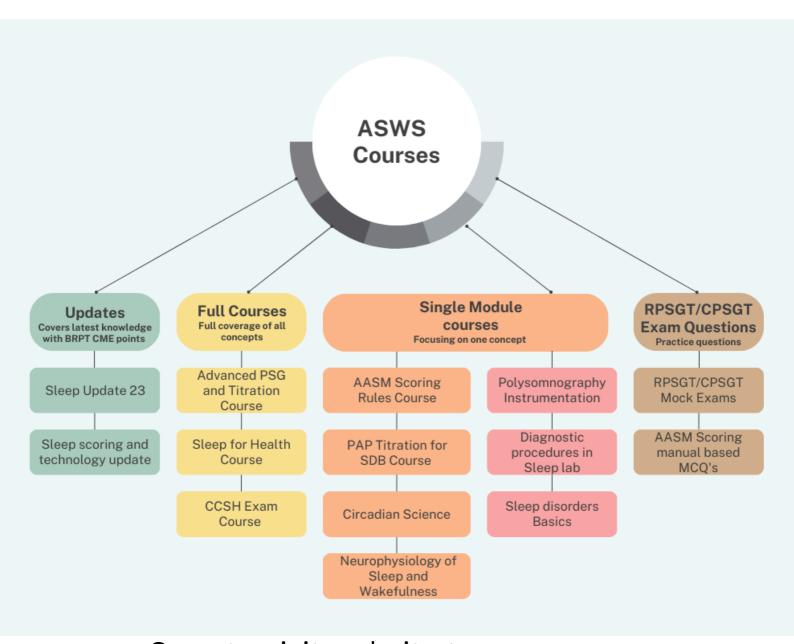
EXPLORE OUR SLEEP
SCIENCE/MEDICINE/TECHNOLOGY
COURSES TO SHAPE YOUR CAREER
AND TAKE IT TO NEXT LEVEL

SCAN QR CODE TO VISIT OUR WEBSITE

CALL US AT +91-9944816086



ASWS COURSES ORGANIZATION

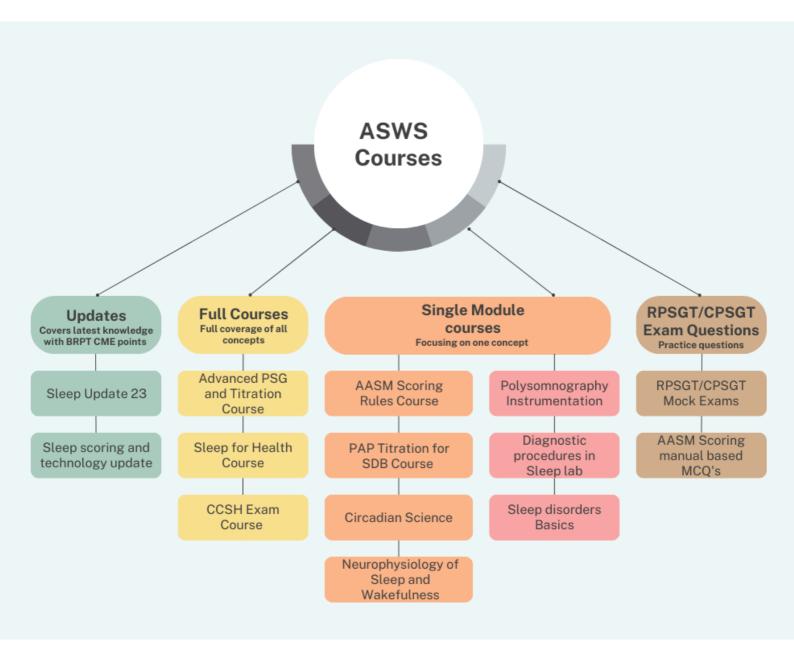


Scan to visit website to see courses



FULL COURSES

FULL COVERAGE OF ALL CONCEPTS



Who should Join "Advanced PSG and Titration" Course?



Scan to join Advanced PSG and Titration course



Advanced PSG and Titration Course

You will learn about



Scan to join Advanced PSG and Titration course



There are 2 options to join this course. Read below to see features of each option.

Benefits	Option 1	Option 2
STAR Program certificate	Yes	Yes
1yr video access	Yes	Yes
MCQ assignments after video	Yes	Yes
Sleep scoring exercises on real patient data with feedback	No	Yes
3 course books	No	Yes
Weekly doubt clearing sessions	No	Yes (6:30-8:30pm India time)
Evaluations after completion of each course module	No	Yes
2 RPSGT mock exams at end of the course	No	Yes
Sleep scoring proficiency exam	No	Yes
Free Sleep scoring update course	No	Yes
Help with RPSGT Exam application	No	Yes
Personal doubt clearing	No	Yes
Certificate of completion	Yes	Yes
STAR program transcript to go along with RPSGT exam application	Yes	Yes
Sleep scoring Proficiency certificate	No	Yes
Duration	Self-study online program	6 months Online program
Fee	Rs. 50,000	Indian student: Rs. 1,00,300 International student: USD1800
How to enroll?	Scan QR code	Call at +91-9944816086 Email: contact@aswseducation.com

"Advanced PSG and Titration" Course Option 2 Highlights

BRPT approved STAR program STAR Code SS010





CCSH EXAM COURSE

Who should Join "CCSH Exam" Course?

- O1 Anyone who wants to start their own Sleep practice
- Anyone who wish to promote Sleep health as primary prevention of disease
- Anyone who wish to teach future medical professionals about managing Sleep disorders
- Anyone who is appearing for World Sleep Society (WSS) Sleep Medicine Exam
- Anyone who is appearing for Certification in Clinical Sleep Health (CCSH) exam
- Anyone who wish to move abroad and work with Sleep disorder patients

Scan to join CCSH Exam Course



CCSH EXAM COURSE

CCSH Exam Course

You will learn about

Concept of Sleep Health

Learn how different body systems function during Sleep to provide us optimum health

Diagnosis and management of different Sleep disorders

03 Sleep in Medical disorders

Concept of quality of care in Sleep
Medicine

Sleep in Women

Learn about Sleep during menstrual cycle, Pregnancy, post-partum period and in post-menopause period to promote optimum women health

CCSH Exam preparation
Stay focused on relevant content
Personal mentorship

Scan to join CCSH Exam Course



CCSH EXAM COURSE

"CCSH Exam" Course Highlights

BRPT approved STAR program STAR Code CSS005

Live classes every week

Focus on doubt clearing

Elaborate on difficult concepts

Weekly assignments
Keeps you focused and motivated
Engages you with content in more depth

One to One Mentorship

Academic and clinical doubt clearing

Help in setting up of the Sleep lab

Periodic evaluations
Helps to evaluate your strengths and work on your weak areas

CCSH Exam based MCQ's
Helps to test your readiness for main exam
Helps to identify your strengths and weaknesses

Course book

It complements your video learning

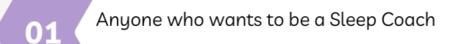
Covers everything required to be successful in CCSH Exam

Scan to join CCSH Exam Course



SLEEP FOR HEALTH COURSE

Who should Join "Sleep for Health" Course?



- O2 Anyone who wish to be helping patients sleep better
- Anyone who wish to teach future medical professionals about functions of Sleep
- Anyone who wish to promote Sleep health as primary prevention of disease
- Anyone who wish to treat patients with Sleep disorders in their clinical practice
- Anyone who wish to help people achieve their optimum potential on a daily basis

Scan to join Sleep for Health Course



SLEEP FOR HEALTH COURSE

Sleep for Health Course

You will learn about

Concept of Sleep Health

Learn about multi-dimensional nature of Sleep and Wakefulness for population health

Neurophysiology of Sleep and Wakefulness
Learn about how different brain areas interact to put us to Sleep and allow us to be awake and productive during the day

Circadian Physiology

Learn how different body systems function is changed with day and light cycle to provide us optimum health

Systems Physiology during Sleep
Learn how different body systems function during Sleep to
provide us optimum health

Sleep in Women

Learn about Sleep during menstrual cycle, Pregnancy, post-partum period and in post-menopause period to promote optimum women health

Technologies to assess Sleep

Learn evidence behind different technologies to assess Sleep to promote population health

Scan to join Sleep for Health Course



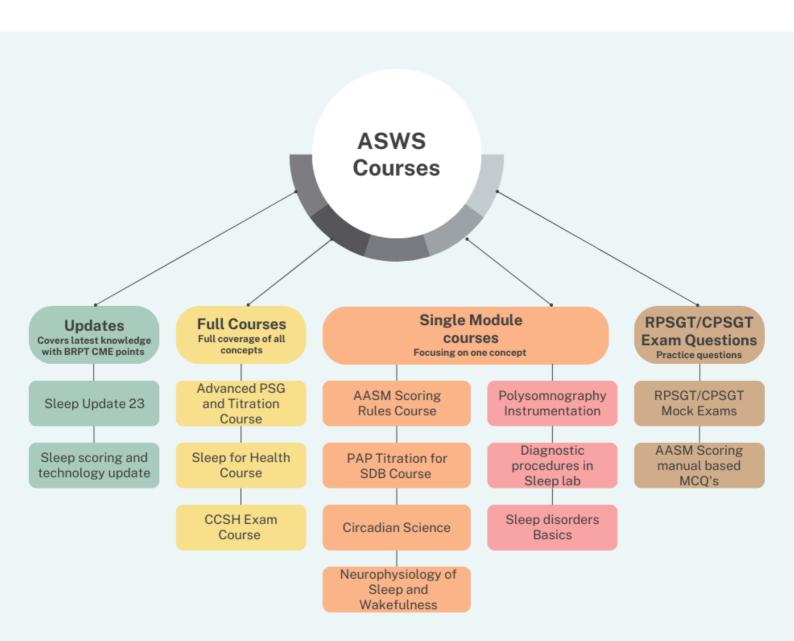
COMPARISON OF 3 FULL COURSES

Advanced PSG and Titration Course Learnings	CCSH Exam Course Learnings	Sleep for Health Course Learnings
Fundamentals of PSG Instrumentation	Concept of Sleep Health	Concept of Sleep Health
Sleep lab diagnostic protocols	Diagnosis and management of different Sleep disorders	Neurophysiology of Sleep and Wakefulness
Sleep lab therapeutic protocols for SDB	Sleep in Medical disorders	Circadian Physiology
Basics of Sleep disorders	Concept of quality of care in Sleep Medicine	Systems Physiology during Sleep
Adult / Pediatric AASM sleep scoring rules	Sleep in Women	Sleep in Women
RPSGT Exam preparation	CCSH Exam preparation	Technologies to assess Sleep
Who should join Advanced PSG and Titration Course ?	Who should join CCSH Exam Course?	Who should join Sleep for Health Course?
Anyone who want to start their own Sleep practice	Anyone who want to start their own Sleep practice	Anyone who wants to be a Sleep Coach
Anyone who wants to learn about sleep lab set up and its different protocols	Anyone who wish to promote Sleep as primary prevention of disease	Anyone who wish to be helping patients sleep better
Anyone who wish to become certified professional in the field of Sleep	Anyone who wish to be training future medical professionals about managing Sleep disorders	Anyone who wish to be training future medical professionals about functions of Sleep
Anyone who is appearing for World Sleep Society (WSS) Sleep Medicine Exam	Anyone who is appearing for World Sleep Society (WSS) Sleep Medicine Exam	Anyone who wish to promote Sleep as primary prevention of disease
Anyone who is appearing for International Sleep technology certifications exam (RPSGT)	Anyone who is appearing for Certification in clinical Sleep health (CCSH) Exam	Anyone who wish to treat sleep disorder patients
Anyone who wish to move abroad and work with Sleep disorder patients	Anyone who wish to move abroad and work with Sleep disorder patients	Anyone who wish to help people achieve their optimum potential on daily basis

SINGLE MODULE COURSES

FOCUS ON ONE CONCEPT

Single modules are taken from full courses



AASM RULES FOR SCORING SLEEP AND ASSOCIATED EVENTS

Who should Join "AASM rules for scoring sleep and associated events " Course?



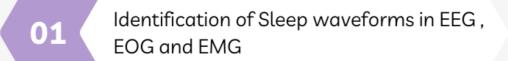
Anyone who is doing research on measuirng Sleep with new technologies



AASM RULES FOR SCORING SLEEP AND ASSOCIATED EVENTS

AASM rules for scoring Sleep and Associated events Course

You will learn about



- AASM rules for scoring adult and pediatric (>1yr age) Sleep stages
- AASM rules for scoring Arousals in adults and pediatric (>1yr age) population
- AASM rules for scoring respiratory events in adults and pediatric (>1yr age)
- AASM rules for scoring movement events in adults and pediatric (>1yr age) population
- 06 AASM rules for scoring EKG



BASICS OF PAP TIRATION FOR SDB

Who should Join "Basics of PAP titration for SDB" Course?

- O1 Anyone who wants to start their own Sleep practice tretaing SDB patients
- Anyone who wants to start their own Sleep lab services offering PAP devices for SDB
- Anyone working as sales/marketing professional with PAP device manufacturers
- Anyone working towards developing PAP devices indigenously
- Anyone who is appearing for International Sleep technology certifications exam (RPSGT/CCSH)
- Anyone who wish to move abroad and work with Sleep disorder patients



BASICS OF PAP TIRATION FOR SDB

Basics of PAP Titration for SDB

You will learn about

O1 CPAP/APAP/BiPAP/O2 titration for OSA patient

O2 Selection of mask for delivering PAP therapy for OSA patient

03 Improving PAP adherence in OSA patient

NPPV for chronic stable alveolar hypoventilation patients

PAP therapy for different types of CSA

06 Alternative therapies for treating OSA



CIRCADIAN SCIENCE

Who should Join "CIRCADIAN SCIENCE" Course?





CIRCADIAN SCIENCE

Circadian Science Course

You will learn about

01 Concept of Sleep Health

How does body detect day and light cycle?

How is information regarding day and light shared with all body organ systems?

How does body organs alter their function in response to day and light to provide optimum health?

Circadian rhythm disorders of sleep and wakefulness

How is disease state produced if one does not maintain their circadian rhythms?



NEUROPHYSIOLOGY OF SLEEP AND WAKEFULNESS

Who should Join "Neurophysiology of Sleep and Wakefulness" Course?





NEUROPHYSIOLOGY OF SLEEP AND WAKEFULNESS

Neurophysiology of Sleep and Wakefulness Course

You will learn about



- 102 How do we stay awake during daytime?
- 03 How do we fall asleep at night?
- What are the differences in NREM and REM Sleep?
- 05 Pathophysiology of common Sleep disorders
- Mechanism of action of Sleep and Wakefulness promoting drugs



POLYSOMNOGRAPHY INSTRUMENTATION

Who should Join "Polysomnography Instrumentation" Course?

- O1 Anyone who wants to start their own Sleep practice
- O2

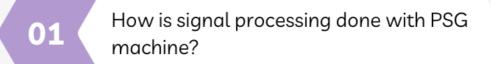
 Anyone who wants to learn about sleep lab set up
- Anyone who plans to buy PSG device for starting Sleep service
- Anyone who is working on developing new technologies to assess Sleep
- Anyone who is working as Sales/Marketing professional with diagnostic device manufacturers
 - Anyone who wish to move abroad and work with Sleep disorder patients



POLYSOMNOGRAPHY INSTRUMENTATION

Polysomnography Instrumentation Course

You will learn about

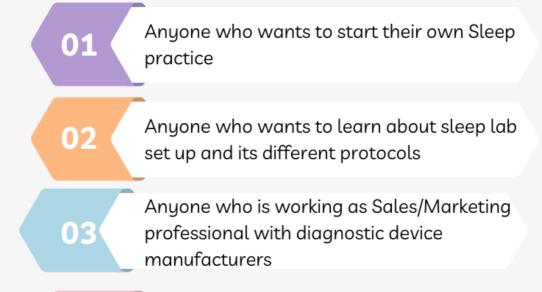


- 102 How to acquire good quality signal?
- How to check functioning of PSG equipment before start of Sleep study?
- Requirements for setting up of the Sleep lab
- How to choose a PSG device for your Sleep practice?
- 06 ISSR Sleep lab accreditation Guidelines



DIAGNOSTIC PROCEDURES IN SLEEP LAB

Who should Join "Diagnostic procedures in Sleep lab" Course?



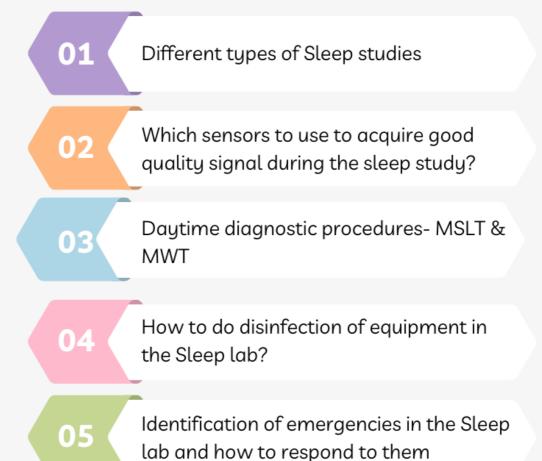
- Anyone who plans to buy PSG device for starting Sleep service
- Anyone who is working on developing new technologies to assess Sleep
- Anyone who wish to move abroad and work with Sleep disorder patients



DIAGNOSTIC PROCEDURES IN SLEEP LAB

Diagnostic procedures in Sleep lab Course

You will learn about

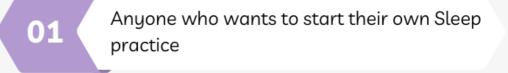


06 Sleep technologist duties



SLEEP DISORDERS BASICS

Who should Join "Sleep Disorders Basics" Course?



- 12 Anyone who wants to start Sleep lab services
- Anyone who is working on developing new technologies to assess Sleep/Sleep disorders
- Anyone who is working as Sales/Marketing professional with Diagnostic/PAP device manufacturers
- Anyone who wish to be Health/Fitness/Sleep Coach
- Anyone who wish to move abroad and work with Sleep disorder patients



SLEEP DISORDERS BASICS

Sleep Disorders Basics Course

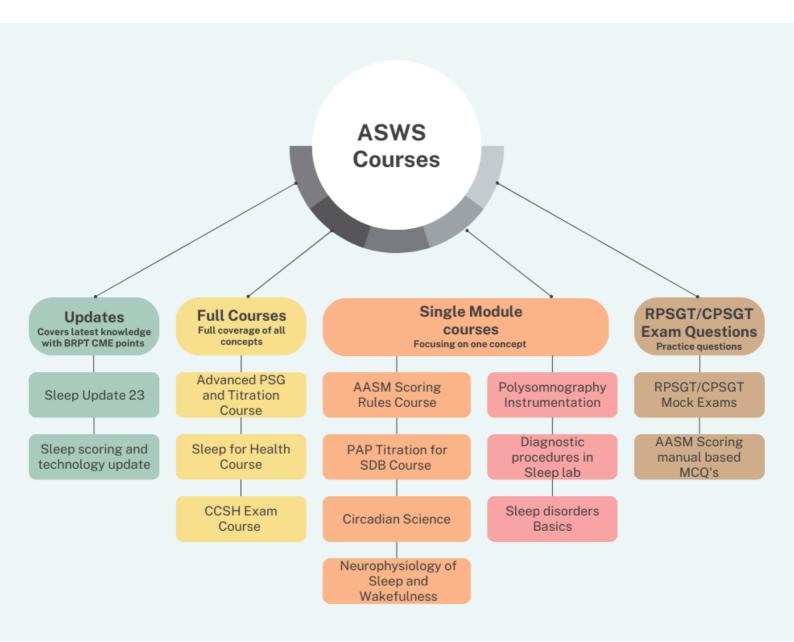
You will learn about

- 01 International Classification of Sleep
 Disorders
- Diagnostic criteria of different Sleep disorders
- Overview of management of different Sleep disorders
- When you should order Sleep study for further investigation of Sleep disorder
- How does different drugs affect Sleep of the person?
- 06 Interaction between Sleep and Epilepsy



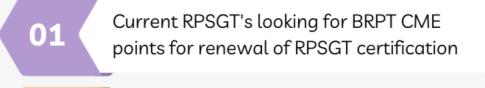
SLEEP UPDATES

COVERS MOST RECENT AND IMPORTANT SLEEP TOPICS WITH BRPT CME POINTS FOR RPSGT CERT RENEWAL



SLEEP UPDATES

Who should Join "Sleep Updates" Course?



O2 Current CCSH looking for BRPT CME points for renewal of CCSH certification

Anyone who wish to learn the most recent developments in the Sleep field

Scan to join Sleep Update 23 Course Scan to join Sleep scoring and technology update







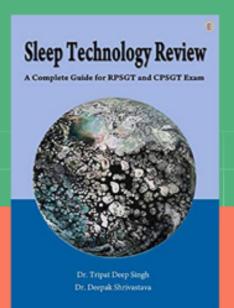
Academy of Sleep Wake Science



Feedback about our book on Amazon India

More Info: +91-9944816086

Visit Our Website: www.aswseducation.com





Nilesh Thakur

*** A Good Book For Sleep technology

Reviewed in India 🚅 on 17 June 2022

Verified Purchase

This book is not only for RPSGT Or CPSGT also for all who are interested in Sleep technology. Good Study Material well Explained. I am happy with this book. It is combined book for sleep technology included theory and question bank.



Datta N.

★★★★★ Wonderful book to study PSG systematically

Reviewed in India 🝱 on 23 April 2023

A systematic approach about PSG. Very easy to understand the core concepts, explained beautifully. A must have book who wish to learn PSG.



Dr Somnath Bhattacharya

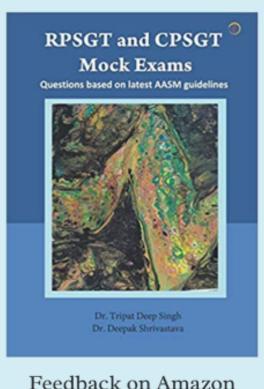
**** Must read for Sleep Specialist

Reviewed in India 🚅 on 23 April 2023

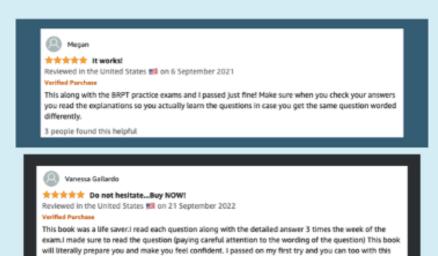
Very well written and logically explained book. Useful for RPSGT exam and understanding sleep medicine subject also. Simplicity in demonstration and clarity is the key in the book. I enjoyed reading and learning.

Academy of Sleep Wake Science





Feedback on Amazon

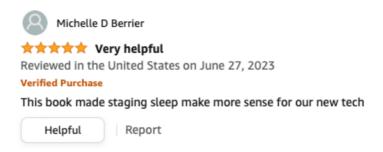


Academy of Sleep Wake Science Scan to purchase this book

book, BUY BUY BUY







Academy of Sleep Wake Science

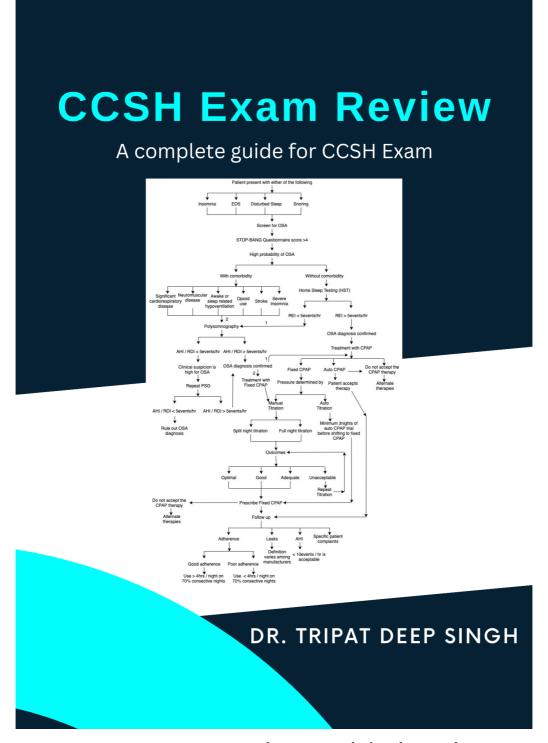




Academy of Sleep Wake Science



OTHER BOOKS FROM US





PAST STUDENTS FEEDBACK

Advanced PSG and Titration Course

Course Student Feedback

Dr. Tripat Sir is a true genius for having designed an easy to understand and methodical course covering extensively the subject of Sleep Diseases, Troubleshooting with PAP devices and interface and Scoring of the Sleep Studies all essential preparing for RPSGT exams and clinical practice. This course is the best tool needed for those wanting to appear for the exams and don't need any extra preparation apart from the book, videos and Dr. Tripat Sirs guidance. I would want to thank sir and his team for the seamless effort and vision for improving standards of sleep disorders management in India for those hungry for knowledge. I will surely recommend to follow in his footsteps and join the course to get better knowledge/ skill and vision in the Sleep Medicine field. Thank you team ASWS education for helping me secure the dream goal of RPSGT certification.



DR. VISHAL GUPTA
CONSULTANT PULMONOLOGIST
AND SLEEP SPECIALIST
CHEST CARE CLINIC KHARGHAR
MUMBAI

Academy of Sleep Wake Science

Advanced PSG and Titration Course

Course Student Feedback

Thank you Dr. Tripat sir and Academy of Sleep Wake Science for providing such a wonderful platform to learn all about PSG and titration. Such a complicated topic was taught in a simple and easy to learn way. The material provided was very much useful. All the books written by Tripat sir were absolutely worth reading and I hope this course will benefit many more people ahead!



Dr. Harshini Errabelli Founder, Sleep Therapeutics Interventional Pulmonologist and Sleep Specialist Hyderabad, India

ACADEMY OF SLEEP WAKE SCIENCE

PAST STUDENTS FEEDBACK

ADVANCED PSG AND TITRATION COURSE

COURSE STUDENT FEEDBACK

I had joined many Sleep courses in the past, but I was not happy with the knowledge I gained by attending those Sleep courses.

I decided to join Dr Tripat's online "Advanced PSG and Titration Course". Initially I thought the course was pricey but the knowledge i gained by attending this course is priceless.

Dr Tripat taught the basics of sleep technology and medicine that is very important not only to pass the exam but for my daily Sleep Medicine practice as well.

I am thankful to Dr. Tripat for being such an amazing teacher.

Thank you for working extra hours and making extra efforts for your students and giving your best to see others advance in their career.



DR. FUAZIAH NASIR ENT SURGEON, RPSGT PUTRAJAYA HOSPITAL KL MALAYSIA

Academy of Sleep Wake Science

ADVANCED PSG AND TITRATION COURSE

Course Student Feedback

Dr. Tripat Sir's "Advanced PSG & Titration Course" is one of the best resources one can dream of for Sleep Medicine exposure and understanding. Sir is very passionate about his work and ensures every student achieves his targets.

> Dr. Ravi Dosi Pulmonologist, RPSGT Indore MP, India

Academy of Sleep Wake Science

PAST STUDENTS FEEDBACK

Advanced PSG and Titration Course

Course Student Feedback

I joined this course because I wanted to develop my knowledge and skill in sleep study, particularly in children, as I'm a pediatric respirologist. Initially, I was hesitant due to my lack of experience in sleep medicine practice. However, Dr Tripat and his team has developed simple learning methods to follow, thus enabling me to understand and follow the rest of the class. If I was unable to join the class due to hospital duty, a lecture video was provided to catch up with the lessons.

I loved reading the materials in the 3 books provided, as those are designed to be consistent, informative, and practical. Another advantage is the access to sleep study scoring platform for unlimited opportunity to score sleep and receive feedback.

This course has surely improved my skill and knowledge in sleep medicine, motivating me to learn further. I strongly recommend this course to sleep medicine practitioners, as this is a remarkable 6 month journey of learning!



Dr. Madeleine Ramdhani Jasin Pediatric Specialist Indonesia

ACADEMY OF SLEEP WAKE SCIENCE

Advanced PSG and Titration Course

COURSE STUDENT FEEDBACK

One of the challenges in my path of pursuing the accreditation of Registered Polysomnography Technologist (RPSGT) was the lack of learning materials and someone to coach me on the examination aspects, until I met Dr Tripat Deep Singh.

The Academy of Sleep Wake Science offers programme's which are tailored for the needs of those who have interest in sleep medicine, be it a novice in the field or an experienced sleep technologist.

I would recommend the RPSGT preparation course, because it offers everything you need to know as a sleep technologist, from the basic of electronic used in sleep technology to the scoring algorithm of sleep according to the AASM guidelines. You will have classes on the principle and physiology of sleep and respiration which helps with a better understanding of sleep medicine, as well as practical sessions of scoring actual PSG recordings that applies the knowledge that you have learned. With the coaching of a renowned international sleep specialist, you can engage in an active learning environment and pick up sleep technology within a few months.



MR. LIM JIAN LII
BSC HONS (BIOMEDICAL SCIENCE)
RPSGT, KUALA LUMPUR
MALAYSIA

Academy of Sleep Wake Science



www.aswseducation.com +91-9944816086 contact@aswseducation.com

