

Attention RPSGT/CCSH credential holders  
Earn 8 BRPT approved CSTE points for cert renewal

# SLEEP UPDATE 2024

## “OSA BASICS & UPDATES”

Computer based learning: Pre-recorded

---

Join anytime

Learn at your own pace

Learn OSA basics and recent updates

Course starts on 13 Dec 2024

Contact us: +91-9944816086



**COURSE DIRECTOR**  
**DR. TRIPAT DEEP SINGH**

**ACADEMY OF SLEEP WAKE SCIENCE**

# AGENDA

Topic	Time
Updates on OSA diagnosis and management (Important studies published in 2023-24)	60min
Mild OSA- Should we treat it?	45min
Pathophysiology of OSA- Mechanism, Endotypes and PSG predictors of Endotypes	210min
New drugs for treating OSA	75min
Relationship between Hypopneas and Arousals- Time relationship- AASM rules versus Latest evidence	30min
Scoring of slow waves versus K-complex- Scoring stage N2 vs N3	30min
Sleep Medicine and Quality of Care	30min
	480min (8hrs)8 CSTE points